

Breakfast Menu

Served Daily 7:00 a.m. to 11:45 a.m.

We take great pride in all of the food we serve at Benny's On The Beach. We make all of our sauces, dressings, relishes, oven roast our meats, receive fresh baked bread daily and try to utilize as many fresh ingredients as possible in all of our menu offerings. We source fresh fish from both coasts of Florida and the entire Atlantic coast line, as well as, work with local farmers, produce suppliers and all natural meat purveyors. We are proud to be part of the Lake Worth Community and only want to prepare the best for our Guests... Chef Jeremy Hanlon



Beachside "Bennies"

- Traditional

Two poached eggs on top of Canadian Bacon, tomato, English muffin topped with our house Hollandaise Sauce

\$10.95
- House Cured Salmon

Two poached eggs on top of House Cured Salmon, tomato, English muffin topped with our house Hollandaise Sauce

\$14.95
- Lake Worth Crab Cake New

Two poached eggs on top of our freshly prepared crab cake, tomato and toasted Challah bread with our house Hollandaise sauce

\$21.99
- California

Two poached eggs with bacon, avocado & tomato, English muffin topped with our house Hollandaise Sauce

\$13.95

- 3 Lil' Pigs

Pork Rules! House braised pork shoulder, thinly sliced Jersey pork roll and Applewood smoked bacon piled on top of Texas Toast with poached eggs and house Hollandaise

\$15.95

All "Bennies" Served with our fresh potato home fries or grits

Omelets

All Omelets made with three eggs and the freshest ingredients available. You may also choose them made with fresh egg whites for only \$1.00 extra.

- Zesty Volcano V G

Ham, sausage, bacon, Monterey Jack cheese and jalapeños

\$12.99 EACH
- Vegetarian V G

Grilled onions, fresh mushrooms, green peppers, diced tomatoes, baby spinach and goat cheese crumbles

\$12.99 EACH
- The Western G

Grilled onions, green peppers, diced ham topped with queso blanco

\$12.99 EACH
- Italian Stallion

Sauteed sausage, peppers, onions, melted Monterey Jack cheese and topped with our roasted tomato sauce and house-made sausage gravy!

\$12.99 EACH
- Trio Classic

Your choice of any three items (ham, bacon, sausage, gyro, tomato, spinach, green peppers, diced onion, fresh mushrooms, avocado, American cheese, Swiss cheese, Feta cheese, Muenster cheese, Cheddar and Mozzarella cheese)

\$12.99 EACH

Served with our fresh potato home fries or grits and a choice of our freshly baked breads. Rye, White or Multi-grain

- Chicken Parm New

Yes we did! Chunks of crispy chicken, fresh tomato and parmesan topped with fresh mozzarella cheese, roasted tomato pepper sauce and basil leaves.

\$14.99

On the Lighter Side

- Fruit Platter V G

Combination of Seasonal Fruit served with cottage cheese

\$13.95
- Healthy Start G

Scrambled egg whites over a bed of steamed spinach, griddled tomato slices and fresh avocado. Your choice of multi grain or gluten free toast

\$11.99
- Cyclist V

Freshly Baked Blueberry muffin, scoop of our famous Greek yogurt and freshly sliced fruit with granola and honey

\$11.95
- Egg White Omelet G

Roasted All Natural Turkey, fresh avocado, diced tomato, served with a fresh fruit cup

\$13.95
- Cured Salmon and Egg White Scramble G

Fresh egg white, House Cured Salmon and sautéed onions served with a fresh fruit cup

\$12.95

Breakfast Handhelds

- Stuffed Jumbo Croissant

Scrambled eggs, diced ham, topped with our Queso Sauce

\$9.95
- Benny's Classic

Two fried eggs, Muenster cheese, and your choice of bacon, ham, or sausage on a toasted bagel

\$9.95
- Chorizo Breakfast Tacos New

Roasted Chorizo, poblano peppers, onion and tomato tossed with scrambled eggs, aged Manchego cheese and spicy pickled cherry peppers

\$11.99
- Jersey Boy

Layers of thinly sliced Taylor Pork Roll, three eggs over easy and melted American cheese on our freshly baked sub roll. Served with our famous home fries

\$10.95

All Sandwiches Served with Home Fries or Grits

- Benny's House Cured Salmon

Fresh Atlantic Salmon cured with lemon and dill. Served with fresh fruit, a toasted bagel with cream cheese, tomato, capers and onion

\$14.95

Biscuits & Gravy

- Homemade Biscuits and Gravy

Two freshly baked biscuits atop home fries and smothered in our house made sage-sausage gravy.

\$9.95
- Add 2 eggs any style

\$2.99

*G and V denotes Gluten Free and Vegetarian

Enjoy our Specialty Mimosas & Bloody Marys



No substitutions please.

Add Two Pancakes to any Breakfast Plate **\$3.99** • Add a Dish of Fresh Fruit to any Breakfast Plate **\$2.99**

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House Favorites

- Sunrise

Two eggs your way, home fries or grits, toast and jelly, your choice of bacon, sausage, corned beef hash or honey ham

\$9.95
- Seaside Skillet

Freshly prepared corned beef hash, atop our famous home fries, house made queso blanco, and two over easy eggs. Your choice of toast

\$11.99
- Surfer

Two eggs your way, two fluffy pancakes, two strips of bacon, two sausage, choice of coffee or tea

\$11.95
- Fisherman

Two eggs your way, two pieces of French toast, two strips of bacon, two sausage, choice of coffee or tea

\$11.95

- Shrimp & Grits

Chef's Favorite

Extra creamy grits, garlic roasted shrimp, crumbled bacon, house hot sauce & pickled jalapeños

\$14.99



- Green Eggs & Ham

Three eggs scrambled with onion, green pepper jalapeno, diced ham, Monterey Jack cheese and our house-made green tomato salsa served with a tomato relish and freshly made flour tortilla chips

\$12.99

Lunch for Breakfast

Your choice of home fries or grits (except for salad)

- Breakfast Burger

Jeremy's secret fresh blend of brisket, chuck and short rib Angus beef, Applewood smoked bacon, fried egg and American cheese on fresh Challah bread

\$13.95
- Chicken & Waffles

New

Buttermilk marinated hand breaded chicken served on top of our famous Beach Bread with Honey Sriracha drizzle and pickled jalapeños

\$16.99
- Fish & Chips

North Atlantic Pollock, a flaky white fish, coated in our Florida Craft Beer Batter, fried until it is crazy crispy

\$15.95
- BLTOMGLOL

New

Lots of bacon, arugula, fried green tomatoes, horseradish cream, and an over easy egg stacked on fresh thick cut Challah bread

\$12.99
- Turkey Club

All Natural Turkey Breast, Applewood smoked bacon, Georgia grown lettuce & tomato

\$12.95
- Benny's Beach Salad

New

Baby Arugula, fresh orange segments, pickled cucumber, shredded carrot, roasted red pepper, goat cheese, chickpeas, our almond granola and a white balsamic vinaigrette

\$13.99

Kids' Corner \$6.99

- Superhero

1 egg any style, slice of bacon or sausage and a piece of toast
- "Mini Me"

Small stack of M&M pancakes with powdered sugar and syrup
- Log Cabin

Warm French toast sticks stacked and served with powdered sugar and syrup



12 and under.

Griddle Goodness

- Buttermilk Pancakes

Tall Stack (3)

\$7.99
- Mike's Blueberry or Chocolate Chip Cakes

\$8.99
- Benny's Traditional Toast

Our freshly baked thick cut Challah bread dipped in our secret French toast batter

\$7.99
- Salty Sweet!

New

Savory sausage links dipped in pancake batter and cooked until crispy served over home fries and two sunny side up eggs

\$12.95

- Banana Bonanza

Our freshly baked banana bread sliced and prepared 'French Toast style' stacked and layered with fresh banana, powdered sugar and a dollop of whipped cream cheese

\$12.99

- Ultimate Island Toast

Our fresh Challah bread layered with shredded coconut, whipped cream cheese, and a variety of tropical fruits

\$11.95

- Stuffed Red Raspberry Granola French Toast

A Benny's Classic takes a "step up" now on our fresh thick cut Challah bread. Granola crust, raspberry cream and a mix of fresh berries

\$12.95

Extras

By popular demand we now offer Everything Bagels

YOUR CHOICE FOR \$3 EACH

- Hog in a Comforter

Bagel & Cream Cheese

Biscuit (1)

Toast (2)

Fresh Fruit Cup

Applewood Smoked Bacon(4)
- Sausage Links (2)

Honey Roasted Ham

Tomato OR Avocado Slices

Yogurt OR Cottage Cheese

House-made home fries OR Grits

We are the place to host your next party & event

Reserve our enclosed oceanview terrace for your next meeting, event or party! Call us today & save your date! 561.582.9001

